

Chié Sibbring Yoga 200hr Teacher Training Application



Name	
Date of birth	
Address	
Telephone	
Mobile	
Email	

Emergency Contact

Name	
Relationship	
Mobile	

1. Please tell us about your yoga experience (minimum 2 years prior to the start of the training), including what type of yoga, where and with which teachers.

2. Please tell us your reasons for joining the training and what you hope to gain from it.

3. Please tell us about what yoga means to you. What do you enjoy the most about yoga and why? What do you find most challenging?

4. Are you currently teaching yoga or other fitness classes? (If yes, please give details)

5. In what other Yoga training have you participated in?

6. Do you have any injuries or medical conditions? (If yes, please provide details.)

7. Are you taking any medication? (If yes, please provide details.)

8. Please let us know if you have any special requirements or need additional support during the training.

9. Is there anything else you would like us to be aware of when considering your application?

10. Please tell us how you heard about this training.

When you have completed this form, please return it to us at :
info@santoshastudio.co.uk

Or by post to :
The Santosha Studio
1st Floor
40 Foghamshire
Chippenham
Wiltshire
SN15 1HB

Deadline for Applications

The deadline for the receipt of applications is 1st June, 2026. The maximum number of applicants is 10.

We will be in touch as soon as possible to let you know the result of your application. If successful, you will need to make the £800 first payment asap to secure your place.

Please also include:

*A reference from your current yoga teacher giving details of your attendance and standard of practice

*A recent photograph of yourself

Please read the following terms and conditions carefully