



CSY 200hr Teacher Training Application

Emergency Contact

Name	_____
Date of birth	_____
Address	_____
Telephone	_____
Mobile	_____
E-mail	_____
Emergency contact name	_____
Relationship	_____
Mobile	_____

1. Please tell us about your yoga experience (minimum 2 years prior to the start of the training), including what type of yoga, where, and with which teachers.

2. Please tell us your reasons for, and expectations of, joining the training.

3. Please tell us about what yoga means to you. What do you enjoy most about yoga and why? What do you find most challenging?

4. Are you currently teaching yoga or other fitness classes? (If yes, please give details)

5. In what other yoga training have you participated?

6. Do you have any injuries or medical conditions? (If yes, please provide details)

7. Are you taking any medication? (If yes, please provide details)

8. Please advise us of any special needs you have.

9. Is there anything else you would like us to be aware of when considering your application?

10. Please tell us how you heard about this training.

Deadline for Applications

The deadline for the receipt of applications is **31 March 2026**.

The maximum number of students will be **8**.

We will be in touch as soon as possible to let you know the result of your application.

If successful, you will need to make the first payment of **£800** to secure your place.

Please also include:

- A reference from your current yoga teacher giving details of your attendance and standard of practice
- A recent photograph of yourself